

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Every Day	<p>A selection of breakfast cereals with Milk or Soya Milk ... In House nut free Muesli ... Homemade Yoghurt with Fruit coulis ... Fresh fruit ... Tea, coffee, hot chocolate & fruit squashes ... Toast With Butter or Sunflower spread and a selection of fruit preserves</p>						
	<p>Pork chipolatas Fried eggs</p>	<p>Grilled bacon Scrambled Eggs Beans</p>	<p>Pork chipolatas Poached eggs</p>	<p>Grilled bacon Fried eggs Beans</p>	<p>Pork chipolatas Scrambled eggs</p>	<p>grilled bacon Boiled egg baked beans</p>	<p>Sunday Brunch bacon, breakfast sausage, fried egg, fried bread, beans, mushrooms & Hash browns</p>
	<p>Butter croissants</p>	<p>Pain au chocolate</p>	<p>Butter croissants</p>	<p>Pain au chocolate</p>	<p>Butter croissants</p>	<p>Belgian waffles</p>	
Hot Item							
Breakfast special							

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Spinach potato & nutmeg	Sweetcorn	Spiced cauliflower	Butternut squash lemon & sage	Roast tomato & basil	Curried lentil	
Main one	Gammon and mushroom pie topped with cracked black pepper pastry	Chargrilled pork loin steak with caramelised onion gravy	Roast chicken with cranberry and citrus stuffing	Cumberland sausages with gravy and crispy onions	Battered cod with lemon and tartare sauce Simple Pangasius	Chicken lasagne with oregano and cheddar Mushroom and red onion penne pasta Sea salted oven roasted wedges Ratatouille Broccoli	
Veggie exciting	Courgette pepper and onion moussaka with parsley pesto	Oven roasted beetroot mint and marinated feta tart	Leek mushroom and cheddar pie	Thai marinated tofu with crunchy vegetables and ginger noodles	Spinach falafel with mint yoghurt		
Street Bar	Thai spiced beef with ginger soy served with noodles	Persian meatballs with fruit rice and mint yoghurt	Pasta Bolognaise served with garlic bread	Linguine with Moules Mariniere	Classic hamburger with cheddar chunky tomato salsa and gherkins		
On the side	Lyonnais potatoes Savoy cabbage Peppers and corn	Minted new potatoes steamed peas Cauliflower cheese	Roast potatoes Roasted root vegetables Green beans	Mustard mash Sautéed leeks Steamed carrots	Curry sauce Garden peas Baked beans Skinny fries		
Pasta	Fusilli pasta arrabiatta	Creamy lemon and spinach pasta with garlic crumb	Broccoli and cheddar pasta bake	Tagliatelle with vegetable ragu	Rigatoni with pesto broccoli and cheddar		
Hot Dessert	Chocolate and beetroot cake	Carrot cake	Lemon and vanilla baked cheesecake	Victoria plum and apple pie	Chocolate orange and pear pudding		

Supper

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dinner							
Main one	Sausage and mash night A selection of meat and vegetarian sausages with gravy	Pulled pork, beef or quorn pieces in a baguette roll With apple sauce and caramelised red onions	Traditional Lasagne Italian meatballs in an arabiatta sauce	Quirky Bird Buttermilk fried chicken or butternut squash fritter Maple BBQ sauce Road kill hot sauce			
	Halloumi and Mediterranean vegetable kebabs with garlic and lemon dressing	Breaded plaice fillets with tartare sauce and lemon	Mediterranean vegetable lasagne	Giant fish fingers			
Pasta	Pasta with sauce	Pasta with sauce	N/A	Macaroni cheese			
On the side	Creamed mash or cheesy mash Baked beans Garden peas	Curly fries Panache of vegetables Coleslaw Salad	Sauté potatoes Garlic bread Broccoli Carrots	Skinny fries Sweet corn fritters Corn on the cob with chilli butter			

