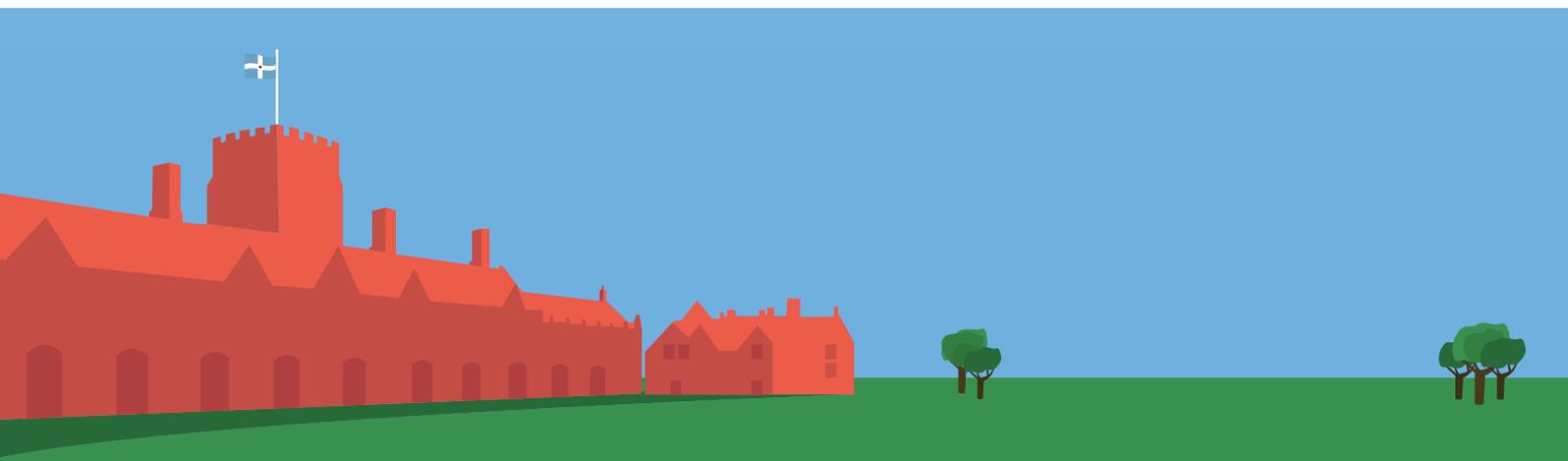




CO-CURRICULAR PROGRAMME
2019-20
MICHAELMAS TERM





WELCOME TO BLUE SKY LEARNING

The sea inspires us. Endless horizons reflect the potential for all our pupils, the limitlessness of their aspiration. We think of ourselves as the 'blue health school', harnessing our coastal location to the benefit of our children's physical and mental wellbeing.

Enjoying the outdoors is part of our commitment to the whole of learning: a balance between cultural engagement, schoolwork, creative arts, sport and enjoying the company of friends.

Eastbourne College has a tradition of innovation, enthusiastically leading UK education in the direction of balanced co-education, equally cherishing our boarders and day pupils, aiming for what we are proud to call healthy learning for the long term.

We are fortunate to have an historic and inspiring school site and state-of-the art facilities. Even more importantly, we have a talented and committed body of staff who are expert in nurturing children so they develop the best of themselves.

An educational community as purposeful and enthusiastic as Eastbourne College imbues pupils with a love of learning. The wellspring of our lifelong commitment to education is a belief that good learning soothes and enthuses, promoting children's happiness, resilience, sophistication and integrity.

Tom Lawson MA (Oxon)





INTRODUCTION TO EASTBOURNE COLLEGE CO-CURRICULAR

The millennium globe which pupils pass daily to and from lessons is inscribed with the words of George Eliot: 'Our deeds still travel with us from afar, And what we have been makes us what we are.' These words underline the importance of the school experience. The College is committed to the pursuit of excellence, not just in the academic and the pastoral sense, but also in the full spectrum of our co-curricular provision.

The unique structure of the College day allows pupils to enjoy a combination of academic and co-curricular enrichment, continuing into the evening with the option for day pupils to leave school between 6.00pm and 8.00pm.

Academic priority is unquestioned at Eastbourne College, and the provision of co-curricular activity is a vital cornerstone in the development and education of pupils. As well as the creative arts, music and sport, there are endless opportunities for pupils to participate in a variety of activities and schemes. These opportunities extend to the holidays too in the form of trips and expeditions ranging from academic trips to arts visits and sports tours which all contribute to broadening pupils' horizons.

These opportunities include:

- a very comprehensive activities programme
- Combined Cadet Force
- Duke of Edinburgh Award Scheme
- Service at School (S@S)
- trips and expeditions
- clubs and societies
- sixth form lectures

THE NEW SHAPE OF THE WEEK - FUN, FRIENDLY, FLEXIBLE

Eastbourne College has calibrated the timetable to cater for the needs of boarders and day pupils in today's society. Our whole-of-learning approach ensures a healthy balance of academic, co-curricular and sociocultural opportunities for the pupil community. The co-curricular programme is designed to be fun, friendly and flexible so that it fits around the demands of modern day living. In this booklet, you will find information about the co-curricular programme at Eastbourne College, including the weekday activities programme and the new weekend activities programme.



WEEKDAY ACTIVITIES PROGRAMME

All year groups are actively encouraged to participate in co-curricular activities during the week. For Years 9 and 10, this is formalised as part of the junior activity programme. In Years 9 and 10, during the week, all pupils are engaged in this programme. While some elements of the programme are compulsory, there is considerable choice, with scope and options to suit everyone. We always encourage pupils to try something different. **Please note that the weekday activities are selected at the beginning of each term by the pupils.**

Pupils in Years 9 and 10 typically do three sessions per week. There are around 70 options to choose from and some of these options continue into Years 11, L6 and U6, running parallel and supplementing the core games provision as pupils develop through the College.

Arts Award	Fencing	Music mash-up	Singer / songwriter
Art GCSE	Fives	Music practice	Squash
Art scholars	Football	Orchestra	Stage crew
Barber shop	Golf	Orienteering	STEAM project
Basketball	Greek and Latin	Percussion group	String Orchestra
Board games	Hobbes Society for scholars	Photography	Swim stroke development
Brass group	Hockey pre-season	Poetry translation	Swim team
Chamber Choir	Horseriding (eventing team)	Prep in the LRC	Table tennis
Chapel Choir	Horseriding (for everyone)	Personal gym fitness for all	Tennis team
Christian meeting	Jazz band	Recreational reading	Textiles (design)
Computer coding	Junior debating	Rock / pop groups	Textiles (GCSE)
Concert Band	Junior string quartet	Rugby 7s (pre-season)	Touch-typing
Cooking	LAMDA	Scholar strength and conditioning	Waterpolo
Creative writing	Learning support sessions	Self-defence	Windsurfing
Cricket academy	Maths Society / problem solving	Self-study language	Yoga
Cricket (private coaching)	Mountain biking	Shooting	Zumba



WEEKEND ACTIVITIES PROGRAMME

Eastbourne College pupils often comment that they never have to compromise on academic learning for co-curricular interests; they can do it all and also have time for socialising.

The weekdays are packed full of structured learning opportunities, and the weekend offers a chance to refresh, recharge and be ready for the week ahead.

Apart from sports-fixture commitments, the weekend programme encourages pupils to take ownership of designing their own enrichment programme using organisational and planning skills essential for life after school.

The Saturday programme offers pupils choice from a healthy menu, blending these options with time to relax and time to enjoy the company of family and friends.

SATURDAY TIMETABLE OVERVIEW

Time	Enrichment	Games
8.30am–9.30am	Brunch after registration in house (bus drop-off by 9.15am)	
9.45am–10.45am	First session	Departure for matches as required
Break 10.45am–11.00am		
11.00am–12.00noon	Second session	
Lunch 12.00noon–12.30pm		Matches
12.45pm–1.45pm	Third session	
Break 1.45pm–2.00pm		
2.00pm–5.30pm	Town Leave	
5.30pm–6.30pm	Supper	
Evening programme (houses)		

NEW SHAPE OF THE WEEKEND

Michaelmas Term 2019

This section of the booklet outlines the enrichment and activity sessions on Saturday mornings, Saturday afternoons and on Sundays during Michaelmas term 2019.

There are three sections: sports fixtures, co-curricular options and boarding activities.

Key:

 Sports fixtures

 Co-curricular options

 Boarding activities

£ Additional payment required (visit third party payment site, WisePay)

SOCS

SOCS is the school online communication system that pupils book their activities through. Using SOCS enables parents to view activities and check the details of fixtures.

Sports fixtures (yellow section)

Details about fixtures can be found on the Fixtures and Results page of the College website (<http://sport.eastbourne-college.co.uk/>) which is regularly updated.

Co-curricular options (green section)

These options are open to all pupils unless otherwise stated in the third column.

For those options where an additional payment is required, there is a £ after the activity. When booking activities that incur a charge, parents will be asked to pay via a third party payment site WisePay.

Boarding activities (blue section)

Every Saturday evening and on Sundays, there is an activity programme for boarders. More details will be published by your hsms and in houses.

The information presented is accurate at the time of print.

Saturday 7 September

Equestrian (mixed) Show Jumping Qualifier at Petley Farm: 1st team

Hockey (girls) v St John's School Leatherhead: 1st, 2nd, 3rd, 4th, U15A, U15B, U15C, U14A, U14B, U14C

Rugby (boys) v The Portsmouth Grammar School: 1st, 2nd, U16A, U15A, U15B, U14A, U14B

For updated fixture details see SOCS on <http://sport.eastbourne-college.co.uk>

For updated Saturday activities, sign in to SOCS via the parent portal.

Art: photography study support

Art study support for all

Badminton

Biology academic support

Chamber Choir

DofE prep: map reading and navigation in action

10, 11, L6, U6

Drama supported study, LAMDA and Trinity classes

DT GCSE and A-level NEA coursework drop-in

DT scholars human-powered vehicle

Economics extension group

Economics support session

English coursework clinic

English creative writing

Literary Society

Fencing

Financial literacy

Golf – developing your game £

Golf – learn to play £

Jazz group

Language Lab open session

LRC open for personal study

Maths study support

Meditation for all

Mountain biking

Music coursework

My Theatre Academy £

Oxbridge French session

Open gym session

Open swim session

Paddle boarding £

Park run

Philosophy and theology extension

Physics A-level drop-in

Rowing Academy/experience/taster

Sailing £

Squash

Tennis lessons (any level) £

University Open Days, KCL and UCL £

Yoga

11, L6, U6

By invitation

11, L6, U6 (Silver, Gold Award participants)

11, L6, U6

10, 11, L6

By invitation

L6, U6

L6, U6

By invitation

9*, 10, 11, L6, U6

11

9, 10, L6

L6, U6

U6

L6, U6

L6, U6

Boarders activity programme: junior (Ys 9, 10, 11) house night, L6 welcome dinner

Sunday 8 September - boarders activity programme: inter-house sports event, tug o' war

*The College owns a number of adult-sized mountain bikes. Year 9s will need to bring their own bike if they would like to participate in this activity.

<p>Saturday 14 September College Sixth Form Open Morning 9.00am till 1.00pm</p>	<p>Equestrian (mixed) JWS Qualifier at Petley Farm: 1st team</p> <p>Hockey (girls) v Cranbrook School: 1st, 2nd, 3rd, U15A, U15B, U14A, U14B</p> <p>Rugby (boys) v Seaford College: 1st, 2nd, 3rd, U16A, U16B, U15A, U15B, U15C, U14A, U14B, U14C</p> <p>Sailing (mixed) triangular v Ardingly College and Bede's School at Royal Parade, Eastbourne: 1st team</p>	<p>For updated fixture details see SOCS on http://sport.eastbourne-college.co.uk</p> <p>For updated Saturday activities, sign in to SOCS via the parent portal.</p>
	<p>Art: photography study support</p> <p>Badminton</p> <p>Biology academic support</p> <p>Chamber Choir</p> <p>Drama supported study, LAMDA and Trinity classes</p> <p>DT GCSE and A-level NEA coursework drop-in</p> <p>DT scholars human-powered vehicle</p> <p>Economics extension group</p> <p>Economics support session</p> <p>English coursework clinic</p> <p>English creative writing</p> <p>Literary Society</p> <p>Fencing</p> <p>Golf – developing your game £</p> <p>Golf – learn to play £</p> <p>Jazz group</p> <p>Language Lab open session</p> <p>LRC open for personal study</p> <p>Maths study support</p> <p>Meditation for all</p> <p>Mountain biking</p> <p>Music coursework</p> <p>My Theatre Academy £</p> <p>Oxbridge French session</p> <p>Open gym session</p> <p>Open swim session</p> <p>Paddle boarding £</p> <p>Personal organisation workshop</p> <p>Philosophy and theology</p> <p>Photography location shoot (also for DofE)</p> <p>Physics A-level drop-in</p> <p>Practical engineering workshop</p> <p>Rowing Academy/experience/taster</p> <p>Sailing £</p> <p>Squash</p> <p>Tackling your EPQ</p> <p>Tennis lessons (any level) £</p>	<p>10, 11, L6, U6</p> <p>11, L6, U6</p> <p>By invitation</p> <p>11, L6, U6</p> <p>10, 11, L6</p> <p>By invitation</p> <p>L6, U6</p> <p>L6, U6</p> <p>By invitation</p> <p>9*, 10, 11, L6, U6</p> <p>11</p> <p>9, 10, L6</p> <p>L6, U6</p> <p>9</p> <p>L6, U6</p> <p>L6, U6</p> <p>L6, U6</p> <p>9, 10 by invitation</p> <p>L6, U6</p>
	<p>Boarders activity programme: quiz night</p> <p>Sunday 15 September - boarders activity programme: waterpark, Sunday league</p>	
<p>21 September</p>	<p>Exeat</p>	

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Saturday 28 September	Hockey (girls) v Lancing College: 1st, 3rd, 5th, U15A, U15C, U14A, U14C Hockey (girls) v Mayfield School: 2nd, 4th, U15B, U14B Rugby (boys) v Reed's School: 1st, 2nd, 3rd, U16A, U16B, U15A, U15B, U15C, U14A, U14B, U14C	For updated fixture details see SOCS on http://sport.eastbourne-college.co.uk For updated Saturday activities, sign in to SOCS via the parent portal.
	Art: photography study support Art study support for all Art workshops Badminton Biology academic support Chamber Choir CISI Fundamentals of Financial Services Certificate £ Drama supported study, LAMDA and Trinity classes DT GCSE and A-level NEA coursework drop-in DT scholars human-powered vehicle Economics extension group Economics support session English coursework clinic English creative writing Literary Society Fencing Financial literacy Golf – developing your game £ Golf – learn to play £ Jazz group Language Lab open session London drama day £ LRC open for personal study Maths study support Meditation for all Mountain biking Music coursework My Theatre Academy £ Oxbridge French session Open gym session Open swim session Paddle boarding £ Personal organisation workshop Philosophy and theology extension Physics A-level drop-in Practical engineering workshop Pupils voice Rowing Academy/experience/taster Sailing £ Squash Tennis lessons (any level) £ USA College Day – London £ Yoga	10, 11, L6, U6 10 11, U6 By invitation L6 11, L6, U6 10, 11, L6 By invitation L6, U6 L6, U6 By invitation 10 9*, 10, 11, L6, U6 11 9, 10, L6 L6, U6 10 U6 L6, U6 9, 10 by invitation By invitation 11, L6
	ES event: ES reunion dinner for OEs, dining hall Boarders activity programme: cinema trip Sunday 29 September - boarders activity programme: Urban Jump, Sunday league	

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<p>Saturday 5 October College Open Morning 9.00am till 1.00pm</p>	<p>Hockey (girls) v Reigate Grammar School: 1st XI</p> <p>Hockey (girls) v Worth School: 2nd, 3rd, U15A, U14A, U14B</p> <p>Rugby (boys) v The King's School, Canterbury: 1st, 2nd, 3rd, U16A, U16B, U15A, U15B, U14A, U14B, U14C</p> <p>Sailing (mixed) triangular v Ardingly College and Bede's School at Royal Parade, Eastbourne: 1st team</p>	<p>For updated fixture details see SOCS on http://sport.eastbourne-college.co.uk</p> <p>For updated Saturday activities, sign in to SOCS via the parent portal.</p>
	<p>Art: photography study support Art study support for all Badminton Biology academic support Chamber Choir CISI Fundamentals of Financial Services Certificate £ DofE prep: map reading and navigation in action</p> <p>Drama supported study, LAMDA and Trinity classes DT GCSE and A-level NEA coursework drop-in DT scholars human-powered vehicle Economics extension group Economics support session English coursework clinic English creative writing Literary Society Fencing Golf – developing your game £ Golf – learn to play £ Jazz group Language Lab open session LRC open for personal study Maths study support Meditation for all Mountain biking Music coursework My Theatre Academy £ Oxbridge French session Open gym session Open swim session Park run Physical Theatre Workshop Day £ Physics A-level drop-in Rowing Academy/experience/taster Squash Tennis lessons (any level) £ University Open Days, Scottish Universities £ Yoga</p>	<p>10, 11, L6, U6</p> <p>11, L6, U6 By invitation L6 11, L6, U6 (Silver, Gold Award participants)</p> <p>11, L6, U6 10, 11, L6 By invitation L6, U6 L6, U6</p> <p>By invitation</p> <p>9*, 10, 11, L6, U6 11 9, 10, L6 L6, U6</p> <p>10 L6, U6</p> <p>L6, U6</p>
	<p>Boarders activity programme: London trip Blackwater revue, JWA Sunday 6 October - boarders activity programme: Sunday league</p>	

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Saturday 12 October	<p>Hockey (girls) v Christ's Hospital: 1st, 2nd, 3rd, 4th, U15A, U15B, U14A, U14B</p> <p>Rugby (boys) v Cranleigh School: 1st, 2nd, 3rd, U16A, U16B, U15A, U15B, U15C, U14A, U14B, U14C</p>	<p>For updated fixture details see SOCS on http://sport.eastbourne-college.co.uk</p> <p>For updated Saturday activities, sign in to SOCS via the parent portal.</p>
	<p>Art: photography study support Art study support for all Badminton Biology academic support Chamber Choir CISI Fundamentals of Financial Services Certificate £ DofE prep: map reading and navigation in action</p> <p>DT GCSE and A-level NEA coursework drop-in DT scholars human-powered vehicle Economics extension group Economics support session English coursework clinic English creative writing Literary Society Fencing Financial literacy Golf – developing your game £ Golf – learn to play £ History GCSE support sessions Jazz group Language Lab open session London Drama Day £ LRC open for personal study Maths study support Meditation for all Mountain biking Music coursework Music, arts and food festival My Theatre Academy £ Oxbridge French session Open gym session Open swim session Philosophy and theology extension Physics A-level drop-in Squash Tennis lessons (any level) £ University Open Day, Southampton University £ Yoga</p>	<p>10, 11, L6, U6</p> <p>11, L6, U6 By invitation L6 11, L6, U6 (Silver, Gold Award participants)</p> <p>11, L6, U6 10, 11, L6 By invitation L6, U6 L6, U6</p> <p>By invitation By invitation</p> <p>11, L6</p> <p>9*, 10, 11, L6, U6 11</p> <p>9, 10, L6 L6, U6</p> <p>U6 L6, U6</p> <p>L6, U6</p>
	<p>Nugent revue, Big School Craig dinner; dining hall Sunday 13 October - boarders activity programme: Urban Jump, Sunday league</p>	
19 October – 3 November	Half term (check SOCS for half-term sports fixtures)	

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**Saturday
9 November**

Fencing (mixed) v Ardingly College: 1st team

Hockey (girls) v Sevenoaks School: 1st, 2nd, 3rd, 4th XI, 5th, U15A, U15B, U15C, U14A, U14B, U14C

Rugby (boys) v St John's School, Leatherhead: 1st, 2nd, 3rd, U16A, U16B, U15A, U15B, U15C, U14A, U14B, U14C

For updated fixture details see SOCS on <http://sport.eastbourne-college.co.uk>

For updated Saturday activities, sign in to SOCS via the parent portal.

A-level computer science support

Art: photography study support

Art study support

Art workshops

Biology academic support

Chamber Choir

CISI Fundamentals of Financial Services Certificate £

Cooking skills £

Drama Dept: Michaelmas production rehearsals (full cast)

Drama supported study, LAMDA and Trinity classes

DT GCSE and A-level NEA coursework drop-in

DT scholars human-powered vehicle

Economics extension group

Economics support session

English coursework clinic

English creative writing

Literary Society

GCSE computer science support

History Society

Interview practice: prepping for that interview

Jazz group

Language Lab open session

LRC open for personal study

Maths study support

Mountain biking

Music coursework

MyTheatre Academy £

Oxbridge French session

Oxbridge history enrichment sessions

Open gym session

Open swim session

Park run

Philosophy and theology

Practical engineering workshop

Squash

Tennis lessons (any level) £

Yoga

L6

10, 11, L6, U6

11, U6

10

11, L6, U6

By invitation

L6

9, 10

By invitation

11, L6, U6

10, 11, L6

By invitation

L6, U6

L6, U6

10, 11

9, 10, 11 by invitation

L6, U6

By invitation

9*, 10, 11, L6, U6

11

9, 10, L6

L6, U6

By invitation

L6, U6

9, 10 by invitation

Boarders activity programme: house nights, cinema trip

School House revue, Big School

Sunday 10 November - boarders activity programme: pottery, Sunday league, Act of Remembrance, Memorial Arch (all CCF and boarders to attend)

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Saturday 16 November	<p>Hockey (girls) v Ardingly College: 1st, 2nd, 3rd, 4th, U15A, U15B, U14A, U14B</p> <p>Rugby (boys) v Brighton College: 1st, 2nd, 3rd, U16A, U16B, U16C, U15A, U15B, U15C, U15D, U14A, U14B, U14C, U14E</p> <p>Sailing (mixed) friendly v Bede's School at Royal Parade, Eastbourne: 1st team</p>	<p>For updated fixture details see SOCS on http://sport.eastbourne-college.co.uk</p> <p>For updated Saturday activities, sign in to SOCS via the parent portal.</p>
	<p>A-level computer science support</p> <p>Art: photography study support</p> <p>Art study support</p> <p>Badminton</p> <p>Biology academic support</p> <p>Chamber Choir</p> <p>CISI Fundamentals of Financial Services Certificate £</p> <p>Cooking skills £</p> <p>Drama Dept: Michaelmas production rehearsals (full cast)</p> <p>Drama supported study, LAMDA and Trinity classes</p> <p>DT GCSE and A-level NEA coursework drop-in</p> <p>DT scholars human-powered vehicle</p> <p>Economics extension group</p> <p>Economics support session</p> <p>English coursework clinic</p> <p>English creative writing</p> <p>Literary Society</p> <p>Fencing</p> <p>Financial literacy</p> <p>GCSE computer science support</p> <p>History GCSE support sessions</p> <p>Jazz group</p> <p>Language Lab open session</p> <p>LRC open for personal study</p> <p>Maths study support</p> <p>Model United Nations</p> <p>Mountain biking</p> <p>Music coursework</p> <p>My Theatre Academy £</p> <p>Oxbridge French session</p> <p>Open gym session</p> <p>Open swim session</p> <p>Personal organisation workshop</p> <p>Philosophy and theology extension</p> <p>Physics A-level drop-in</p> <p>Squash</p> <p>Tennis lessons (any level) £</p> <p>University Open Day, Oxford Brookes £</p> <p>Yoga</p>	<p>L6</p> <p>10, 11, L6, U6</p> <p>11, U6</p> <p>11, L6, U6</p> <p>By invitation</p> <p>L6</p> <p>9, 10</p> <p>By invitation</p> <p>11, L6, U6</p> <p>10, 11, L6</p> <p>By invitation</p> <p>L6, U6</p> <p>L6, U6</p> <p>10, 11</p> <p>By invitation</p> <p>By invitation</p> <p>By invitation</p> <p>9*, 10, 11, L6, U6</p> <p>11</p> <p>9, 10, L6</p> <p>L6, U6</p> <p>9</p> <p>U6</p> <p>L6, U6</p> <p>L6, U6</p>
	<p>Wargrave revue, Big School</p> <p>Sunday 17 November - boarders activity programme: Sunday league</p>	
23 November	Exeat	

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Saturday 30 November	<p>Fencing (mixed) v Worth School: 1st team</p> <p>Hockey (girls) v Brighton College: 1st, 2nd, 3rd, 4th, 5th, U15A, U15B, U15C, U14A, U14B, U14C</p> <p>Rugby (boys) v Caterham School: 1st, 2nd, 3rd, U16A, U16B, U15A, U15B, U15C, U14A, U14B, U14C</p>	<p>For updated fixture details see SOCS on http://sport.eastbourne-college.co.uk</p> <p>For updated Saturday activities, sign in to SOCS via the parent portal.</p>
	<p>A-level computer science support</p> <p>Art study support</p> <p>Art workshops</p> <p>Badminton</p> <p>Biology academic support</p> <p>Chamber Choir</p> <p>CISI Fundamentals of Financial Services Certificate £</p> <p>Cooking skills £</p> <p>Drama Dept: Michaelmas production rehearsals (full cast)</p> <p>DT GCSE and A-level NEA coursework drop-in</p> <p>DT scholars human-powered vehicle</p> <p>Economics extension group</p> <p>Economics support session</p> <p>English coursework clinic</p> <p>English creative writing</p> <p>Literary Society</p> <p>Fencing</p> <p>GCSE computer science support</p> <p>History Society</p> <p>Jazz group</p> <p>Language Lab open session</p> <p>LRC open for personal study</p> <p>Maths study support</p> <p>Mountain biking</p> <p>Music coursework</p> <p>My Theatre Academy £</p> <p>Oxbridge French session</p> <p>Oxbridge history enrichment sessions</p> <p>Open gym session</p> <p>Open swim session</p> <p>Park run</p> <p>Personal organisation workshop</p> <p>Philosophy and theology</p> <p>Photography location shoot (also for DofE)</p> <p>Practical engineering workshop</p> <p>Squash</p> <p>Tennis lessons (any level) £</p> <p>UCAS application drop-in (check and send)</p>	<p>L6</p> <p>11, U6</p> <p>10</p> <p>11, L6, U6</p> <p>By invitation</p> <p>L6</p> <p>9, 10</p> <p>By invitation</p> <p>11, L6, U6</p> <p>10, 11, L6</p> <p>By invitation</p> <p>L6, U6</p> <p>L6, U6</p> <p></p> <p>10, 11</p> <p>9, 10, 11 by invitation</p> <p>By invitation</p> <p></p> <p>9*, 10, 11, L6, U6</p> <p>11</p> <p>9, 10, L6</p> <p>L6, U6</p> <p>By invitation</p> <p></p> <p>10</p> <p>L6, U6</p> <p>L6, U6</p> <p>9, 10 by invitation</p> <p></p> <p>L6, U6</p>
	<p>Boarders activity programme: house nights, cinema trip</p> <p>Powell revue, JWA</p> <p>Reeves and Watt dinner; dining hall</p> <p>Sunday 1 December - boarders activity programme: basketball tournament, College play dress / tech rehearsal as required, Advent Carol Service with College Choir and Chamber Choir; St Saviour's Church, South Street, (all parents and pupils welcome)</p>	

*The College owns a number of adult-sized mountain bikes. Year 9s will need to bring their own bike if they would like to participate in this activity.

Saturday 7 December	<p>Fencing (boys) v Tonbridge School: 1st team</p> <p>Fencing (mixed) v Tonbridge School Boys: 1st team</p> <p>Hockey (girls) v Hurstpierpoint College: 1st, 2nd, 3rd, 4th, 5th, U15A, U15B, U15C, U14A, U14B, U14C (two C teams playing)</p> <p>Rugby (boys) v Hurstpierpoint College: 1st, 2nd, 3rd, U16A, U16B, U15A, U15B, U15C, U14A, U14B, U14C</p>	<p>For updated fixture details see SOCS on http://sport.eastbourne-college.co.uk</p> <p>For updated Saturday activities, sign in to SOCS via the parent portal.</p>
	<p>Art: photography study support</p> <p>Art study support for all</p> <p>Art study support</p> <p>Biology academic support</p> <p>Chamber Choir</p> <p>CISI Fundamentals of Financial Services Certificate £</p> <p>Cooking skills £</p> <p>Drama Dept: Michaelmas production rehearsals (full cast)</p> <p>Drama supported study, LAMDA and Trinity classes</p> <p>DT GCSE and A-level NEA coursework drop-in</p> <p>DT scholars human-powered vehicle</p> <p>Economics extension group</p> <p>Economics support session</p> <p>English coursework clinic</p> <p>English creative writing</p> <p>Literary Society</p> <p>Financial literacy</p> <p>GCSE computer science support</p> <p>History GCSE support sessions</p> <p>Jazz group</p> <p>LRC open for personal study</p> <p>Maths study support</p> <p>Mountain biking</p> <p>Music coursework</p> <p>MyTheatre Academy £</p> <p>Oxbridge French session</p> <p>Open gym session</p> <p>Open swim session</p> <p>Philosophy and theology extension</p> <p>Squash</p> <p>Tennis lessons (any level) £</p> <p>UCAS application drop-in (check and send)</p>	<p>10, 11, L6, U6</p> <p>11, U6</p> <p>11, L6, U6</p> <p>By invitation</p> <p>L6</p> <p>9, 10</p> <p>By invitation</p> <p>11, L6, U6</p> <p>10, 11, L6</p> <p>By invitation</p> <p>L6, U6</p> <p></p> <p>10, 11</p> <p>By invitation</p> <p>By invitation</p> <p>9*, 10, 11, L6, U6</p> <p>11</p> <p>9, 10, L6</p> <p>L6, U6</p> <p></p> <p>U6</p> <p>L6, U6</p>
	<p>Gonville dinner (off campus)</p> <p>Pennell and School House dinner, dining hall</p> <p>Sunday 8 December - boarders activity programme: shopping, ice-skating, Sunday league</p> <p>Sunday 8 December: Hockey (girls) 1st season dinner and awards (off campus), rugby (boys) senior squad dinner with presentations including Buckland Award, function rooms, trip to Tennis Academy Tenerife departs</p>	
Friday 13 December 3.45pm	Term Ends	

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CO-CURRICULAR OPTIONS EXPLAINED

With so many activities being offered on Saturdays during the Michaelmas term, we have put together a list that describes some in more detail. They are listed below in alphabetical order.

Important Note: In all cases, SOCS contains more detail, including accurate costings, equipment required, timings and venues.

A-level computer science support

Available to Lower Sixth Computer Science pupils wanting support with Unit 2 (current material), revision or additional exam question practice.

Art: photography study support

Open to all pupils, whether GCSE or A-level photographers, or those simply keen to explore the art.

Badminton

Why not drop in with a friend or two to have a hit? Equipment provided or bring your own.

Biology academic support (Years 11, L6, U6)

Department support and enrichment opportunities including practical catch-up, maths skills and exam technique.

Chamber Choir

Those in the Chamber Choir are expected to attend. Contact Mr Eadon if you have a clash of activities.

CISI Fundamentals of Financial Services Certificate (Lower Sixth)

A Chartered Institute for Securities and Investment Level 2 accredited award programme. Cost is £70. This will require regular attendance.

Cooking skills

Learning your way around the kitchen. Years 9 and 10: £5 per session. The cost will appear on end-of-term bill. Venue is St Andrew's Prep 'Piglets Pantry'. Meet at CCF Yard at 10.50am.

DofE prep: map reading and navigation in action

Hiking in the South Downs. Critical practice for the New Forest Practical Expedition (October half term). Pupils should aim to complete one of these if not involved in fixtures.

Drama supported study, LAMDA and Trinity classes

Supported study open to all; LAMDA and Trinity by appointment via Director of Drama.

Drama: Michaelmas production rehearsals

For those selected for parts in the production you will be expected to attend.

DT GCSE and A-level NEA coursework drop-in

A chance for GCSE and A-level pupils to advance their project work ahead of the deadline.

DT scholars human-powered vehicle

We will begin building a human-powered vehicle with scholars this term. The DT Department are funding a professional engineer to come in to support this exciting project. The project requires that Years 9, 10 and 11 take part in at least one session together.

Economics extension group

Forum for ambitious pupils seeking to explore economics beyond the specification (invitation only).

Economics support sessions

Structured support sessions on foundation topics for A-level.

English creative writing

Try your hand at creative writing: poetry and short stories.

Fencing

Why not sign up and learn to fence or work on your technique? Equipment provided.

Financial literacy

Learn to survive and manage your finances when you leave home.

Golf: developing your game

For pupils who currently play, the sessions include course management and strategy, and are aimed at pupils who are club members. A package of five lessons, running from 8.40am to 9.40am, conducted by the club professionals at Royal Eastbourne Golf Club. The charge for each lesson is £60 for each of the five 1 hour coaching sessions, split to a maximum of eight pupils. Minimum payment per lesson will be £37.50 per pupil up to a maximum of £300.00 for the five lesson package. Pupils must sign up to the complete package of five lessons. Bookings must come through SOCS. Closing date for bookings is 9.00am Monday 2 September.

Golf: learn to play

For beginners who wish to learn the basics of the game. A package of five lessons, running from 11.00am to 12.00noon, conducted by the club professionals at Royal Eastbourne Golf Club. The charge for each lesson is £60 for each of the five 1 hour coaching sessions, split to a maximum of eight pupils. Minimum payment per lesson will be £37.50 per pupil up to a maximum of £300.00 for the five-lesson package. Pupils must sign up to the complete package of five lessons. Bookings must come through SOCS. Closing date for bookings is 9.00am Monday 2 September. Golf clubs can be provided or bring your own.

GCSE computer science support

Available to Years 10 and 11 computer science pupils wanting support with paper 2 (current material), revision or additional exam question practice.

History GCSE support

Directed primarily at those deemed by class teachers to be performing below their predicted grade. However, all pupils can drop in to clarify knowledge base and understanding of a GCSE topic.

History Society

Helping pupils to enthuse about history. Occasionally watching and critiquing films, at other times investigating other topics not currently studied ie building ships from the Spanish Armada

(and burning them), or investigating the resilience of an Anderson shelter. Years 9 to 11.

Interview practice: prepping for *that* interview

Presentation and workshop with an interview guru - by appointments through the Futures Department.

Jazz Band

Members of the jazz ensemble are expected to attend. Contact Mr Laverack if you have a clash of activities.

Language Lab open session

Self-study language courses in: Arabic, Chinese, French, German, Italian, Japanese, Portuguese, Russian, Spanish.

Literary Society

Anyone who wishes to engage with the subject. University English degree hopefuls most welcome.

London Drama Days

Year 10 drama pupils visit National Theatre for a backstage tour (ten drama pupils maximum).

Matinée and evening theatre trips for GCSE and / or Lower Sixth (12 drama pupils maximum).

LRC open for personal study

A chance to work quietly to alleviate pressure during the week.

Meditation for all

Do you have a busy lifestyle? Why not learn strategies to help you unwind?

Model United Nations

A conference for pupils who have been participating in the MUN activity all term.

Mountain biking

Coastal rides and exploring the Sussex Downs and Paradise Jumps are for sessions one and two and we will clean down the bikes session three. Meet at Chapel Yard. Maximum eight pupils.

Friston Forest rides will include a packed lunch (allow an extra 45 minutes for travel and lunch). Maximum of six pupils.

Music, arts and food festival

An Eastbourne Schools Partnership initiative. A celebration of creativity: art exhibition, dance, food stalls, music. All pupils (and parents) welcome to look around. Some selected pupils are participating. On-site venues. 2.00pm to 6.00pm.

My Theatre Academy (Years 9, 10 and L6)

Musical theatre academy. An opportunity for pupils to gain experience of West End training. Ten sessions for £175. Pupils must commit to the complete programme. Book before 20 August 2019 to secure a place.

Open swim session

An opportunity to work on your fitness and technique in the College pool.

Open gym session

An opportunity to work on your fitness and technique in the College's fitness suite.

Oxbridge history enrichment sessions

By invitation only. Discussing and debating a body of wider reading, the historical 'canon', wrestling with source material, and eventually preparing excellent historians for the Oxford and Cambridge history aptitude tests.

Paddle boarding

Taster paddle-boarding sessions at Cuckmere Haven. Cost is £15 per session. Sessions run from 9.45am to 11.45am.

Park run

Getting fit doesn't have to come at a cost. The park run in Eastbourne is over near Langley starting at 9.00am. Early breakfast required but back by 10.00am, so that there is a break before the second activity session.

Personal organisation workshop (Years 9 and 10)

An opportunity to look at strategies for more effective organisation of academic work to improve subject performance. Held in the Learning Support Department. Hsms / tutors may also recommend pupils to attend.

Philosophy and theology

Unlocking the door to your top grade. Extra help for pupils aiming higher.

Philosophy and theology extension

How to get an A* in philosophy. A fun way to get a top grade.

Photography location shoot (also for DofE)

There is a requirement for A-level photography pupils to build a portfolio. This is also a must for those who choose photography as their DofE skill.

Practical engineering workshop

A specifically-designed programme for members of the Hayman Society and others in Years 9 and 10 (non-Hayman Society members should request to join by emailing Mr Ruskin: djr@eastbourne-college.co.uk). Working with other pupils from the Eastbourne Schools Partnership, sessions will cover areas such as making connections, leading to original thought, learning with and through language to achieve effective communication, and learning from experts to tackle real-world problems. The event runs from 9.30am till 12.00noon with pupils leaving for games commitments as and when required.

Pupils' Voice

Pupil representatives in School Council and the Food and Energy Committee. The aim is to set targets and to pool ideas to take the College forward.

Rowing Academy / experience / taster

All year groups welcome. Timings 1.00pm till 4.00pm (fixture commitments will need checking).

All pupils will need to complete a swim test, or have one organised through Mr Jourdain or Mr Spiers. Meet at CCF Yard. College kit (no house kit). Windbreakers, ideally lots of light waterproof layers that can be removed as appropriate. Water bottles for hydration.

Sailing

Taster sailing sessions at Buzz Active, Sovereign Centre. Cost is £15 per pupil, per session. Session runs 12.30pm to 2.30pm. Spaces limited.

Tackling your EPQ

Presentation and workshop on-site.

Tennis lessons

Aimed at all abilities, from beginner to advanced, the one hour lessons, running from either 9.45am or 11.00am, will be conducted at Gildredge Park tennis courts. Sessions incur a charge which is watered down depending upon the level of interest. Maximum cost per session is £15 per pupil. Booked on SOCS, payment via WisePay must be complete by the Thursday preceding and by 8.30am. Indicate interest early.

UCAS writing personal statements

Presentation and workshop on-site at the College.

University open days

Off-site visits to KCL, Oxford Brookes, Scottish Universities, Southampton and UCL as indicated. University open days carry an additional cost.

Yoga

A chance to unwind. Venue is the Winn dance studio.

CO-CURRICULAR RULES OF THE ROAD

- This information booklet is current at the time of production. Up-to-date information on the enrichment opportunities can be found on SOCS (<https://www.socscms.com/login/102/parent/>). All pupils will be allocated login details to SOCS
- For those activities that incur a charge, payment will be required via our third party payment provider, WisePay. WisePay can be found on the College's parent portal EC Online. Current parents will already have logins and new parents will be sent details of how to register with WisePay in a separate email. A guide to using WisePay and contact details for further help can be found on the login page of the parent portal
- We encourage pupils and parents to engage proactively in the decision-making and then record their intent. Please login to SOCS and 'click' to indicate if you expect to attend any particular event. Some events will require early sign-up (and in some cases payment) but most will be able to be accessed at shorter notice. By indicating intentions online, this will help staff plan more effectively
- Activities should be chosen at the latest by the end of the Wednesday prior to the weekend, taking into account your anticipated weekend fixture commitments. Early booking is recommended
- Up-to-date fixtures information can be found on the College website (<http://sport.eastbourne-college.co.uk/>)
- Activities will be allocated on a first-come, first-served basis unless stated otherwise
- Activities are open to all pupils from all year groups unless stated otherwise
- Some events require pre-booking and payment. These have been indicated with a £ symbol in the menu table. In such cases this will also be indicated on SOCS when booking. After booking activities that require additional payment, you will need to follow the links to a third party payment platform called WisePay to complete any permission forms and payment. Please be mindful of the deadlines for such bookings
- Although we want to know levels of interest for the enrichment activities in advance, don't worry if you change your mind at the last minute as we can always accommodate more in those activities where there is no cost or restriction on numbers

General Points to Note about Saturdays

Attendance

Saturday fixtures: Pupils are expected to honour their sports fixture commitments. If they are selected for a fixture then they are expected to attend. Any negotiations must be undertaken in good faith and only in exceptional circumstances and only when both requested and agreed with team coaches well in advance of the fixture. In the unlikely event that your son / daughter is unable to attend a Saturday fixture, having been selected, due to last minute illness or other issue, then contact your hsm ASAP by phone before 9.00am on the Saturday in question. Pupils who do not honour

their fixture commitment without dialogue are likely to be given a Friday evening detention.

Paid events: Where events have been paid for in advance then late withdrawal may result in forfeit of payment. If the College must cancel an event for some unforeseen reason then a full refund will be made.

Brunch

Brunch is available for all. We encourage pupils to make the most of a good kick-start to the day.

Bussing

Details about bussing arrangements were communicated in a separate email.

Dress

The dress code for Saturdays is home clothes / clean sports kit. We expect pupils to arrive for fixtures in the correct school attire.

Driving cars

The same College rules apply for pupils driving themselves and others on the weekend for College events. Pupils may drive to and from College weekend events only if the correct permissions are in place **via the Second Master's Office**.

Pupils may not drive other pupils unless the correct permissions are in place. This goes for pupils driving directly from home, to and from fixtures. Please note that last-minute requests that fall outside of the normal process will not be accepted. **Please allow two working days for paperwork to be confirmed.**

Registration

Registration of pupils who are in our care and on campus is essential. Pupils coming into school on Saturdays must register in their houses on arrival, whether they are in for brunch, enrichment session, a sport fixture, or any other purpose. Registration for boarders who have remained in school over the weekend must follow standard registration procedures.

Pupils are expected to follow normal signing-out procedures when they leave our care. We strongly encourage all our pupils to make the most of the College's programme of activities and facilities over the weekend.

Pupils do not need to register in house if:

- they are being dropped off at the College to join a team imminently departing for an away fixture (in such cases they will be registered with their team coach). The same goes for immediate collection from College after pupils return from an away fixture
- the only activity they will be participating in will be playing a match on one of the College's off-campus pitches eg Beresford, Links, Memorial, Summerdown, in which case their attendance is being recorded by their team coach. This includes returning to College for match teas

For ease of supervision, we do not allow for free movement between town and campus whilst a pupil is under our care. We wish to ensure a clean start and finish time for pupils. The town is not considered in bounds except by following normal sign-out / town leave arrangements. Day pupils who have arrived on campus and have completed registration, must sign-out with house staff as per normal town leave process if they wish to go into town. Those who leave College grounds to go into town are deemed to have left our care. Normal town leave rules apply to boarders on Saturdays and Sundays.

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