

from Tom Lawson MA (Oxon), Headmaster

Date: 15 November 2020

### Advice to All Parents

Dear Parents,

This weekend we received notice of two separate positive cases of Covid-19 in our community. A member of the support staff, who went home earlier in the week as a precaution, has tested positive. Unconnected, a pupil who has been at home since early this week has also tested positive.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that, for most people, Covid-19 will be a mild illness.

The small number of children who have been in direct prolonged contact with the confirmed pupil case will have received an individual letter and will be self-isolating for 14 days. If you have not received this letter from me, then please be reassured that your daughter/son is not a close contact with these positive cases and is unlikely to have been at risk of catching Covid.

We have had an extraordinary run of luck which, combined with excellent measures to keep the school Covid-secure and extremely low coronavirus rates in our area, has resulted in very few positive cases. These two recent cases are unconnected and we do not believe herald a wide spread of the virus. We will, of course, remain vigilant and continue to follow Public Health England advice to ensure your child's safety and wellbeing. The school remains open and your child should continue to attend if they remain well.

The rest of this letter is taken from the PHE template which we are asked to send to you.

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <a href="https://www.nhs.uk/ask-for-a-coronavirus-test">https://www.nhs.uk/ask-for-a-coronavirus-test</a> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection">https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</a>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.



from Tom Lawson MA (Oxon), Headmaster

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

# **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS III at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</a> or by phoning III.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home

R (=, -

- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

#### Further Information

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Yours sincerely,

Tom Lawson Headmaster